

SpartanSword.org presents

The Spartan Pledge Challenge

Please join us in the effort to reduce Veteran and First Responder Suicides.

We know that not everyone can travel to wherever the Spartan Sword and Axe are to take the Pledge – but we don't want that to stop you!

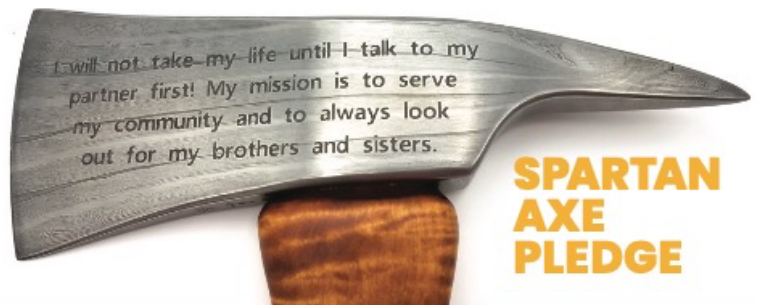
SPARTAN SWORD PLEDGE

I will not take my own life by my own hand without talking to my Battle Buddy first. My Mission is to find a Mission to help my Warfighter family.



You can record just yourself or get a whole group together! Share your videos on social media with the hashtag [#SpartanPledgeChallenge](https://www.instagram.com/hashtag/SpartanPledgeChallenge)

Video yourself taking the Spartan Sword or Axe Pledge, especially someplace that really captures the essence of Your part of America!



Most importantly, send your video via WeTransfer to:

SpartanPledgeChallenge@SpartanSword.org so that we can feature your video on www.SpartanSword.org as well as including images in our ongoing documentaries and news stories.

Video usage release must be on file before any submitted videos can be published.
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